

# How to Make a Pillowcase

with French Seams Using the Burrito Method

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If you can sew a straight seam then you can make a pillowcase with a French seam. I'm going to teach you something I call the Burrito Method to assemble your pillowcase and remove any fear you may have regarding French seams. Let's get started!

## Supplies:

Main Fabric:: 1 yard. Cuff Fabric:: 1/3 yard.

Trim Fabric:: 1/4 yard. Note: (This is totally optional.)

Thread Scissors\*

Heavy Duty Needles (\*affiliate) Size 90/14\* or 100/16\*

#### **Step 1: Understanding the Process**

It is important to understand what each piece is called.

Main Fabric is the Pillowcase Body.

Coordinating Fabric is the Cuff and will wrap around the Pillowcase Body.

The Trim will be in between the Pillowcase Body and the Cuff.

# **Step 2: Cut Out Fabric Pieces**

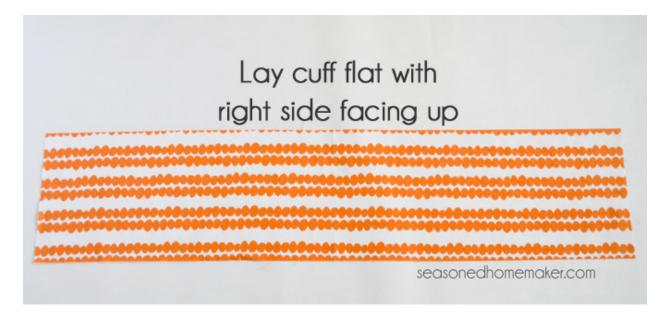
From Main Fabric, cut 1 piece that is 27" x 40" From Coordinating Fabric, cut 1 piece that is 9" X 40" From Trim Fabric, cut 1 piece that is 2" X 40"



**Step 3: Assembling the Pieces** 

Lay the Cuff out flat with the right side facing up.

Fun Idea: Embroider or applique a name on the cuff before assembling the pillowcase.



With wrong sides together, fold the trim piece in half lengthwise and press.



Match the raw edges of the Trim along the top edge of the Cuff.



Pin to keep the Trim from shifting.



Place the Pillowcase Body on to p of the Cuff/Trim with right sides together and pin



## **Step 4: Why It's Called a Burrito**

Starting at the bottom of the Pillowcase Body, begin rolling the fabric towards the top edge. Continue to roll up the Pillowcase Body until it is a few inches from the top edge.



Take the bottom edge of the Cuff fabric and wrap it over the rolled up Pillowcase Fabric. See how the Cuff wraps over the Pillowcase Body, like a burrito. Pin through all layers of fabric.





Using a 3/8" seam allowance, sew along the raw edge.

Fold back the Cuff and carefully pull out the Pillowcase Body.





Press the Cuff and Trim on both sides.

### **Step 5: Side and Bottom Seams**

The next step uses a French seam. Fold Pillowcase in half wrong sides together, matching up the Cuff and Trim fabrics on the seam line.



Pin around the raw edges on the side and bottom of the Pillowcase.

Stitch together down the side and across the bottom using a 1/4" seam allowance. Be sure that the Cuff/Trim seam is even.



Clip the corner where the side and bottom seam meet. This will help with the bulk when you turn the pillowcase

It's time to flip the Pillowcase wrong side out and press the seams down. Using something like a knitting needle or chopstick, push out the corners. Now, the Pillowcase is facing right sides together. Pin the side and bottom seams. Stitch the side and bottom seams using a 1/2" seam allowance.



**Step 6: Finishing the Pillowcase** 

Turn the Pillowcase right side out and press the seams flat

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You now have enclosed French seams and the Pillowcase has no loose threads on the inside.

Voila! Finished size 30" x 19".